PAISLEY PRIMARY SCHOOL

We value every child in our community: we want them to aspire to the greatest things!

OPAL Play Policy 2026

1. Commitment

Our school undertakes to refer to this play policy in all decisions that affect children's play. Our school is committed to providing the strategic and operational leadership needed to provide and maintain quality play provision for all of our children. Play makes up approximately 20% of a child's school week, making this element of school extremely important in the learning and developmental journey of each of our pupils.

2. Rationale

Our school believes that all children need opportunities to play that allow them to explore, manipulate, experience and affect their environment. The school acknowledges the UN Convention on the Rights of the Child, especially Article 31, and supports each child's right to play. We believe play provision should be welcoming and accessible to every child, irrespective of gender, sexual orientation, economic or social circumstances, ethnic or cultural background or origin, or individual abilities.

The OPAL Primary Programme rationale is that "… *better, more active and creative playtimes can mean happier and healthier children, and having happier, healthier, more active children usually results in a more positive attitude to learning in school, with more effective classroom lessons, less staff time spent resolving unnecessary behavioural problems, fewer playtime accidents, happier staff and a healthier attitude to life."*

At Paisley Primary School, our play curriculum has been developed in order for our children to become resilient, confident and managed risk-takers who value both independent and co-operative play. Through strong play provision, our children learn and practise the skills of respect, cooperation and accommodation to others in a range of social situations. Our committed OPAL team and dedicated play workers will ensure that all pupils are provided with varied opportunities aimed at the acquisition of core skills and knowledge. Skills and knowledge that will help develop learning journeys through the means of play. Our curriculum drivers at Paisley are at the forefront of all we do including the core values of play.

Our curriculum drivers are:

- Reading
- Vocabulary
- Aspiration
- Community
- Inclusion

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3. The value of play

Play is defined as a process that is intrinsically motivated, directed by the child and freely chosen by the child. Play has its own value and provides its own purpose. It may or may not involve equipment or other people.

We believe play has many benefits, including:

- Play is critical to children's health and wellbeing, and essential for their physical, emotional, social, spiritual and intellectual development.
- Play enables children to explore the physical and social environment, as well as different concepts and ideas.
- Play enhances children's self-esteem and their understanding of others through freely chosen social interactions, within peer groups, with individuals, and within groups of different ages, abilities, interests, genders, ethnicities and cultures.
- Play requires ongoing communication and negotiation skills, enabling children to develop a balance between their right to act freely and their responsibilities to others.
- Play enables children to experience a wide range of emotions and develop their ability to cope with these, including sadness and happiness, rejection and acceptance, frustration and achievement, boredom and fascination, fear and confidence.
- Play encourages self-confidence and the ability to make choices, problem solve and to be creative.
- Play maintains children's openness to learning, develops their capabilities and allows them to push the boundaries of what they can achieve.

3.1 Further definitions of play

The following definitions give an insight into the importance of play, and why it is needed to develop children holistically.

- *"Play is a free activity standing quite consciously outside 'ordinary' life as being 'not serious,' but at the same time absorbing the player intensely and utterly. It is an activity connected with no material interest, and no profit can be gained by it. It proceeds within its own proper boundaries of time and space according to fixed rules and in an orderly manner." – Johan Huizinga (Homo Ludens, 1955).*
- *"Children's play is characterised as an activity that is (a) "desired" by the child whom is playing, (b) "always involves an imaginary situation," and (c) "always involves rules" (which are decided upon by the players)". (Lev Vygotsky, 1978).*
- *"The right to play is a child's first claim on the community. Play is nature's training for life. No community can infringe that right without enduring harm to the minds and bodies of its citizens." (David Lloyd George, 1926).*

3.2 Our school vision for play

At Paisley we have high expectations and ambitions for play. We believe that play should be free with pupils feeling safe. Although we want our pupils to be safe, we aim for play to include elements of calculated risk. Through offering an element of calculated risk, we can aid the development of children as active risk takers who are aware of their environment and explore their limits. We strive for all areas of play to be evident in our play areas. Through offering a wide variety of play opportunities, we aim to cater for all pupils

regardless of their personalities and interests. Play is an extremely important element of children's school life and should therefore be carefully planned for. Play at Paisley connects with the following key policies:

- PSHE – Play at Paisley encompasses the key and second order concepts listed in the PSHE policy. This clear link can be seen with the key concepts: Celebrating Difference and Relationships. Second order concepts for this subject; such as resilience and responsibility, are prominent when children are playing.
- Behaviour – Children are expected to follow our Golden Rules whilst playing, in line with the behaviour policy. Adults have a duty to act in line with this policy whilst supervising and facilitating play.

4. Aims

In relation to play our school aims to:

- Ensure play settings provide a varied, challenging and stimulating environment.
- Allow children to take risks and use a common-sense approach to the management of these risks and their benefits.
- Provide opportunities for children to develop their relationships with each other.
- Enable children to develop respect for their surroundings and each other.
- Aid children's physical, emotional, social, spiritual and intellectual development.
- Provide a range of environments that will encourage children to explore and play imaginatively.
- Provide a range of environments that will support children's learning across the curriculum and learning about the world around them.
- Promote independence and teamwork within children.
- Build emotional and physical resilience.

5. Rights

Our school recognises the UN Convention on the Rights of the Child, which includes the right to play, recreation and leisure (Article 31) and the right of children to be listened to on matters important to them (Article 12). We acknowledge that we have a duty take these rights seriously and listen to children's views on their play.

Article 31 of the Unicef Convention on the Rights of the Child states that children have the right to relax and play, and to join in a wide range of cultural, artistic and other recreational activities. From this, Play England created The Charter for Children's Play which clearly states that:

- Children should have spaces to spend adequate time playing at school.
- Adults should always let children play, this is a non-negotiable.
- Children greatly value and benefit from staffed play provision.
- Children's play is augmented by expert play workers.
- Children sometimes need extra support to enjoy their right to play, this should always be provided when needed.

6. Benefit and risk

'Play is great for children's wellbeing and development. When planning and providing play opportunities, the goal is not to eliminate risk, but to weigh up the risks and benefits. No child will learn about risk if they are wrapped in cotton wool.' **Managing Risk in Play Provision: An Implementation Guide (2012)**

The school will use the Health and Safety Executive guidance document *'Children's Play and Leisure – Promoting a Balanced Approach'* (September 2012) as the principle value statement informing its approach to managing risk in play. In doing so, the school will adopt a risk-benefit approach as detailed in *'Managing Risk in Play Provision'*: *An Implementation Guide*.

Risk-taking is a vital feature of play provision, and of all environments in which children spend time at play. Play provision aims to offer children the chance to encounter calculated risks as part of a stimulating, challenging and managed play environment. In addition to standard risk-benefit assessments, the school will practice dynamic risk management with children, inspiring them to identify and manage risks in an environment where adults are present to support them. All staff are aware of the risk-benefit assessment and have access to this. Please see appendix 1 for further information.

7. Supervision

The law requires that children in school have supervision but for primary school playtimes there are no stated ratios. During the school day there should be one or more adults present outdoors. The school recognises OPAL's three models of supervision: Direct, Remote and Ranging. Except for new children in reception, whose skills and orientation in the school environment need to be assessed, the school does not believe direct supervision is possible or beneficial. Supervisors will use ranging and remote supervision models, so that children can quickly find an adult and adults can patrol large sites to gain an awareness of the kinds of play, levels of risk likely to be emerging and to ensure that pupils are safe at all times and have prompt access to first aid or any necessary medical treatment.

The school facilitates the use of OPAL equipment during the hours of 9am-3:15pm Monday to Friday. Children and their families will be asked to not use OPAL equipment before or after the school day.

8. The adult's role in play

The school will help children maximise the benefits they can gain from play by the provision of trained staff who are informed by and work in accordance with the Playwork Principles **(Appendix 2)**. Staff will use and refer to these principles when appropriate interventions are needed, and ultimately will strive for facilitating an environment that nurtures children's self-directed play.

The playworker's core function is to create an environment that will stimulate children's play and maximise their opportunities for a wide range of play experiences. A skilled and experienced playworker is capable of enriching the child's play experience both in terms of the design and resources of the physical environment and in terms of the attitudes and

culture fostered within the play setting. Playworkers are a channel of access to new materials and tools and they can act as a stimulus to children to explore and learn. They are also available to participate in the play if invited.

9. Equality and diversity

Through providing a rich play offer meeting every child's needs we will ensure all children, regardless of age, gender, race, disability or other special needs, can develop and thrive, build strong relationships and enjoy school.

10. Environment

We believe that a rich play setting should ensure that all children have access to stimulating environments that are free from unacceptable or unnecessary risks and thereby offer children the opportunity to explore for themselves through their freely chosen play.

We also believe that a rich play setting supports safeguarding, helps children develop confidence in team building and advocating for their own rights. It also increases children's social and emotional capabilities and helps develop a love and enjoyment of the outdoors, which is a key foundation for caring for the environment.

We will strive to continually improve the quality and diversity of our school's grounds to enhance play. We will use the document 'Best Play' to guide us on what a quality play environment should contain. This document can be found here: www.freeplaynetwork.org.uk/pubs/bestplay.pdf

Appendices

1 – Risk Assessment HSE Guidance

2 – Playwork Principles

Appendix 1 - ***'Children's Play and Leisure – Promoting a Balanced Approach' HSE.***

HSE

Health and Safety Executive

CHILDREN'S PLAY AND LEISURE – PROMOTING A BALANCED APPROACH

1. Health and safety laws and regulations are sometimes presented as a reason why certain play and leisure activities undertaken by children and young people should be discouraged. The reasons for this misunderstanding are many and varied. They include fears of litigation or criminal prosecution because even the most trivial risk has not been removed. There can be frustration with the amounts of paperwork involved, and misunderstanding about what needs to be done to control significant risks.

2. The purpose of this statement is to give clear messages which tackle these misunderstandings. In this statement, HSE makes clear that, as a regulator, it recognises the benefits of allowing children and young people of all ages and abilities to have challenging play opportunities.

3. HSE fully supports the provision of play for all children in a variety of environments. HSE understands and accepts that this means children will often be exposed to play environments which, whilst well-managed, carry a degree of risk and sometimes potential danger.

4. HSE wants to make sure that mistaken health and safety concerns do not create sterile play environments that lack challenge and so prevent children from expanding their learning and stretching their abilities.

5. This statement provides all those with a stake in encouraging children to play with a clear picture of HSE's perspective on these issues. HSE wants to encourage a focus on the sensible and proportionate control of real risks[1] and not on unnecessary paperwork. HSE's primary interest is in real risks arising from serious breaches of the law and our investigations are targeted at these issues.

Recognising the benefits of play

Key message: 'Play is great for children's well-being and development. When planning and providing play opportunities, the goal is not to eliminate risk, but to weigh up the risks and benefits. No child will learn about risk if they are wrapped in cotton wool'.

6. HSE fully recognises that play brings the world to life for children. It provides for an exploration and understanding of their abilities; helps them to learn and develop; and exposes them to the realities of the world in which they will live, which is a world not free from risk but rather one where risk is ever present. The opportunity for play develops a child's risk awareness and prepares them for their future lives.

7. Striking the right balance between protecting children from the most serious risks and allowing them to reap the benefits of play is not always easy. It is not about eliminating risk. Nor is it

[1] The Courts have made clear that when health and safety law refers to 'risks', it is not contemplating risks that are trivial or fanciful. It is not the purpose to impose burdens on employers that are wholly unreasonable (R v Chargot (2009) 2 All ER 660 [27])

about complicated methods of calculating risks or benefits. In essence, play is a safe and beneficial activity. Sensible adult judgements are all that is generally required to derive the best benefits to children whilst ensuring that they are not exposed to unnecessary risk. In making these judgements, industry standards such as EN 1176 offer bench marks that can help.

8. Striking the right balance *does* mean:

   - Weighing up risks and benefits when designing and providing play opportunities and activities
   - Focussing on and controlling the most serious risks, and those that are not beneficial to the play activity or foreseeable by the user
   - Recognising that the introduction of risk might form part of play opportunities and activity
   - Understanding that the purpose of risk control is not the elimination of all risk, and so accepting that the possibility of even serious or life-threatening injuries cannot be eliminated, though it should be managed
   - Ensuring that the benefits of play are experienced to the full

9. Striking the right balance *does not* mean:

   - All risks must be eliminated or continually reduced
   - Every aspect of play provision must be set out in copious paperwork as part of a misguided security blanket
   - Detailed assessments aimed at high-risk play activities are used for low-risk activities
   - Ignoring risks that are not beneficial or integral to the play activity, such as those introduced through poor maintenance of equipment
   - Mistakes and accidents will not happen

What parents and society should expect from play providers

Key message: 'Those providing play opportunities should focus on controlling the real risks, while securing or increasing the benefits – not on the paperwork'.

10. Play providers[2] should use their own judgement and expertise as well as, where appropriate, the judgement of others, to ensure that the assessments and controls proposed are proportionate to the risks involved.

11. They should communicate what these controls are, why they are necessary and so ensure everyone focuses on the important risks.

12. It is important that providers' arrangements ensure that:

    - The beneficial aspects of play - and the exposure of children to a level of risk and challenge - are not unnecessarily reduced
    - Assessment and judgement focuses on the real risks, not the trivial and fanciful
    - Controls are proportionate and so reflect the level of risk

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Play providers include those managing or providing play facilities or activities in parks, green spaces, adventure playgrounds, holiday layschemes, schools, youth clubs, family entertainment centres and childcare provision.

13. To help with controlling risks sensibly and proportionately, the play sector has produced the publication *Managing Risk in Play Provision: Implementation Guide* which provides guidance on managing the risks in play. The approach in this guidance is that risks and benefits are considered alongside each other in a risk-benefit assessment. This includes an assessment of the risks which, while taking into account the benefits of the activity, ensures that any precautions are practicable and proportionate and reflect the level of risk. HSE supports this guidance, as a sensible approach to risk management.

If things go wrong

Key message: 'Accidents and mistakes happen during play – but fear of litigation and prosecution has been blown out of proportion.'

14. Play providers are expected to deal with risk responsibly, sensibly and proportionately. In practice, serious accidents of any kind are very unlikely. On the rare occasions when things go wrong, it is important to know how to respond to the incident properly and to conduct a balanced, transparent review.

15. In the case of the most serious failures of duty, prosecution rightly remains a possibility, and cannot be entirely ruled out. However, this possibility does not mean that play providers should eliminate even the most trivial of risks. Provided sensible and proportionate steps have been taken, it is highly unlikely there would be any breach of health and safety law involved, or that it would be in the public interest to bring a prosecution.

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Appendix 2 - Playwork Principles

